Pride of Hofstra Crew

Volume I Issue II

Hello Rowers, Coxswains, and Coaches!

Thanks as always for your support of Hofstra Crew. We've had a busy fall and are anxiously awaiting for spring.

This fall we recruited a great group of novice. The novice women performed exceptionally well at the Textile River Regatta in Lowell, MA. We can't wait to see how all crews perform this spring in some sprint races.

Alumni Day was a fun time on the bay. We started off with an exhausting erg race, then some bucket racing out in mixed eights. But my favorite part was definitely the cookout at the end! Thanks to those who came by. We hope to

make this a bigger event in years to come.

Looking ahead, we plan to compete in a local erg race this winter to spice up our winter conditioning.

In the spring, we hope to race from Boston to Philadelphia, culminationg in the always exciting Dad Vail Regatta. Our race schedule will be finalized in the spring.

With that, I'd like to wish you a safe and happy holiday.

Best wishes,Allie Socha Hofstra Crew Secretary

December 2010



Fall 2010 Recap

This fall, the team traveled to three races. The first race was the Textile River Regatta, held on the Merrimack River in Lowell, MA. The women's novice four, consisting of Sabrina Mickail, Laura Fitzgerald, Frances DiGiovanna, Emily June, and coxswain Alexandria Kelly took home third place medals! The mens varsity four--Matt Vitrano, Sean Harvey, Colin Creegan, Tom Berkery, and coxswain Aille

Socha-- as well as a mens novice four--Eddy Gomez, John Lazarz, Gordon Bill, Ben Schaefer, and coxswain Samantha Erickson--also competed. It was a great race to start the season.

The next race was te Head of the Housatonic in Shelton, CT. Hofstra entered a mens varsity four, womens novice four, and a mens novice eight. It was great experience for the new members to be able to race.

The varsity four competed at the Head of the Charles regatta in Boston, MA. This was Vitrano and Harvey's first experience racing in the Charles. "While I wish we could have finished better, I thought the guys rowed their best, and I am happy with my execution of the course," Socha said after the race. The team hopes to be able to enter a mens and womens four at the Charles next year.

Fall 2010 Roster

Men's team:

Tom Berkery* Gordon Bill Colin Creegan Eddy Gomez* Sean Harvey BJ Ijem* John Lazarz Kevin Mercer* Ben Schaefer* Luke Smyth* Kevin Tamerler* Matthew Vitrano Adam Waxman Anthony Vaughn* Pat Wallace* David Zuniga

*Denotes First Season

Women's Team:

Diana Buchanan*
Lindsay Clark*
Frances DIGiovanna*
Laura Fitzgerald
Emily June*
Sabrina Mickail

Coxswains:

Samantha Erickson Alex Kelly Lena Nash* Allie Socha



General Announcements:

- -Erg-A-Thon to be held in late January. The team is fundraising to buy more ergs and a new four for the women's team. To donate, send a check made out to Hofstra Crew to the address below.
- -We will be placing another "Dutchman's Crew" t-shirt order in February, if there is enough interest. Shirts cost \$15 and all profit goes towards new equipment.
- -Have something to share? Email us at hofstracrew@gmail.com.

Hofstra Crew E-Board

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This newsletter has been put together by the current Hofstra E-Board members:

Colin Creegan, President Samantha Erickson, Vice President Sean Harvey, Treasurer Allie Socha, Secretary Matt Vitrano, Equipment Manager